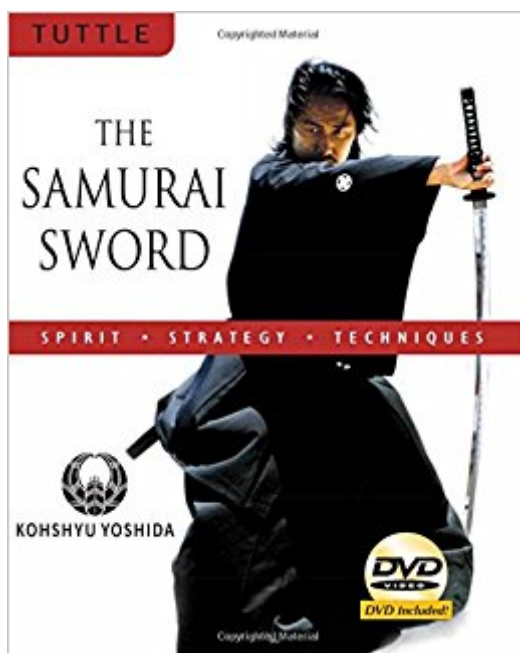


The book was found

The Samurai Sword: Spirit * Strategy * Techniques: [DVD INCLUDED]



Synopsis

The Samurai Sword is the essential illustrated guide to the Japanese way of the sword. Japan's famous samurai warriors were more than just soldiers – they were adherents to a strict code of honor who respected the deeper, spiritual meaning of the way of the sword. To the samurai, battle was sacred. This indispensable guide to theory and practice respects both the physical and spiritual aspects of martial arts practice with the katana. This sword book features: Beautiful, step-by-step photos and easy-to-understand text Guidance for selecting, maintaining, and using your sword Wisdom about the practical value of meditation Inspirational biographies of some of the greatest samurai swordsmen, men whose words and deeds embodied the true spirit of the samurai warrior Whether you're a beginner or an experienced swordsperson, this book will broaden your practical knowledge with detailed instruction on stances, cuts, guards, forms, and sparring techniques and strategy. Author Kohshyu Yoshida was born and raised in Chiba, Japan. The great-grandson of a ronin samurai warrior, he has studied martial arts from all over the world and now teaches martial arts in Los Angeles, CA. He has appeared in Hollywood films including Blade and The Last Samurai. He also starred as the Red Ranger in the international hit television show Mighty Morphin' Power Rangers.

Book Information

Paperback: 176 pages

Publisher: Tuttle Publishing; Paperback with DVD edition (February 26, 2010)

Language: English

ISBN-10: 0804837511

ISBN-13: 978-0804837514

Product Dimensions: 8.5 x 0.7 x 11 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 14 customer reviews

Best Sellers Rank: #483,456 in Books (See Top 100 in Books) #37 in [Books > Sports &](#)

[Outdoors > Individual Sports > Fencing](#) #445 in [Books > Politics & Social Sciences >](#)

[Philosophy > Eastern > Buddhism > Zen > Philosophy](#) #977 in [Books > History > Military > Strategy](#)

Customer Reviews

Kohshyu Yoshida was born and raised in Chiba, Japan. The great-grandson of a ronin samurai warrior, he has studied martial arts from all over the world and now teaches martial arts in Los

Angeles, CA. He has appeared in Hollywood films including Blade and The Last Samurai. He also starred as the Red Ranger in the international hit television show The Mighty Morphin' Power Rangers.

The book and DVD are excellent instructions. It's simple, clear, easy to understand. Of course, you can't expect to pick up the \$20 book of Samurai sword and become expert or samurai warrior next week or next month. Learning Martial Arts is a long journey required to be patient and discipline. If you already learned from other martial arts discipline, all foot works and movements are similar. I look at this book as another different skills set to learn from something different to add to my martial arts journey, and I appreciated Kohshyu Yoshida has spent his time to pass on his skills and knowledge.

Still reading this, and I'm impressed. Well written and clear. I still have so much to learn on this.

Excellent book

This book is the closest thing to the training I had been doing, so happy I ran across it!

very practical and easy to follow

Just what I wanted.

Awesome

I liked this book and it was a great introduction to samurai theory and use of the katana sword. The author is really enthusiastic about the subject matter.

[Download to continue reading...](#)

The Samurai Sword: Spirit * Strategy * Techniques: [DVD INCLUDED] Mastering the Samurai Sword: A Full-Color, Step-by-Step Guide [DVD Included] The Sword and The Centuries: or, Old Sword Days and Old Sword Ways; Being a description of the various swords used in civilized Europe during the last five centuries, and of single combats. Samurai Sudoku Puzzle Book: 500 Hard Puzzles overlapping into 100 Samurai Style Samurai Awakening: (Samurai Awakening Book 1) The Spirit of the Sword: Iaido, Kendo, and Test Cutting with the Japanese Sword The Art of Metal

Clay: Techniques for Creating Jewelry and Decorative Objects (DVD Included) The Art of Throwing: The Definitive Guide to Thrown Weapons Techniques [DVD Included] Japanese Swords: Cultural Icons of a Nation; The History, Metallurgy and Iconography of the Samurai Sword The Samurai Sword: A Handbook Samurai Sword: A Handbook Japanese Swords: Cultural Icons of a Nation; The History, Metallurgy and Iconography of the Samurai Sword (Downloadable Material) By the Sword: A History of Gladiators, Musketeers, Samurai, Swashbucklers, and Olympic Champions; 10th anniversary edition (Modern Library Paperbacks) The Swordsman's Handbook: Samurai Teachings on the Path of the Sword The Way of the Sword (Young Samurai) The Sword of No-Sword: Life of the Master Warrior Tesshu The Annotated Sword of Shannara: 35th Anniversary Edition (The Sword of Shannara) Knight: Bridge & Sword: Apocalypse (Bridge & Sword Series Book 5) Sword Fighting: An Introduction to handling a Long Sword Sword Fighting: An Introduction to the Single-Handed Sword and Buckler

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)